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Ultimate Mardi Himal Trekking Guide

Regarding trekking in the Annapurna Region, the Mardi Himal Trekking is one of the best-kept secrets. You can travel off the beaten path and around the corner of the map from where most people would typically embark on the trip to Annapurna Base Camp. The Mardi Himal Trekking excursion brings you to the Mardi Himal base camp between Machhapuchhre, also known as Fish Tail Mountain, and Mardi Himal.

The views are uncrowded during the Mardi Himal Trekking. Real teahouses, gorgeous rhododendron forests, and the best views of the Annapurna Mountain Range are to be expected. Giants like Mardi Himal, Machhapuchhre, Annapurna South, and Hiunchuli will be beside you. What else do you require?

What Is the Location of the Mardi Himal Trekking?

Machhapuchhre, Fish Tail Mountain, one of the enormous mountains in the Annapurna Massif, keep watching over the Mardi Himal Trekking. Along this journey, several stone homes, charming teahouses, and numerous rock hills may be found.

The trail for this hike may be found right off the main trail to Annapurna Base Camp. Since it differs from other treks in the Annapurna region, like the Annapurna Base Camp Trek and the Annapurna Circuit Trek, it is a well-liked substitute.

What Makes the Mardi Himal Trekking Different?



You can locate the Mardi Himal Trekking on a side trail leading to the Annapurna Base Camp. It is a little tougher and, for the most part, a little more interesting than most treks in the Annapurna region, but it is also much less crowded. You can get fantastic views of the Annapurna Massif's lesser-known sides on the Mardi Himal Trekking.

At 4,500 meters, you will arrive at the Mardi Himal Base Camp, which is the destination (17,763 ft). There weren't a lot of teahouses on this trek at first, but since around 2011, there have been more teahouses along the route from the beginning to the Mardi Himal Base Camp.

When Is the Optimum Reason to Trekking the Mardi Himal?

There are four distinct seasons in the Annapurna Region and throughout the rest of Nepal. Winter, Spring, Summer, and Autumn. The most popular times to trek this Annapurna classic from March to May and October or November. It must be acknowledged that each trekking



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season has its unique environment and level of enthusiasm for trekkers.

Is It Difficult to Hike or Trekking to Mardi Himal Base Camp?

It might be challenging to complete the Mardi Himal Trekking. However, this does not imply that you cannot succeed. As long as you enjoy hiking and prepare for your adventure well in advance, you can make it.

Although the typical Mardi Himal Trekking is not challenging, hikers and trekkers should be in fair physical condition. You are still traveling across Nepal's Himalayas, after all. Continue reading if you want to learn more about the physical requirements for trekking in Nepal and how you might improve your fitness level.

Which Mardi Himal Trekking Itinerary Is Best?

It can be challenging to select an appropriate Mardi Himal Trekking. You want to spend as much time for Mardi Himal as possible if you want to do it well. You also wish to spend some time in Pokhara because traveling from Kathmandu to Pokhara is frequently included. The village is too charming to pass up. In addition, it will take quite an amount of driving to get there, so you might as well get a little exercise.

The ideal itinerary for [12-day Mardi Himal Trek](#) is one from Attractive Travel Nepal. According to our trekking experts, this schedule is the best choice for a fruitful Mardi Himal trip.

What Should I Bring on My Mardi Himal Trekking?



The best friend you can have in the mountains is your equipment. In essence, your gear is essential wherever you are going. The right equipment might be the difference between life and death in terrible situations. A good set of gear can make the difference between a good time and a bad one in every situation.

You have your flights booked, your guide in Nepal is waiting for you, and now you show up with a backpack that is too heavy, a jacket that is too thin, and shoes that are almost certainly going to cause blisters. How wasteful. Make the most of your vacation to Mardi Himal Base Camp by packing the appropriate supplies.

We've provided you with a basic, thorough packing list below that is appropriate for any hike in Nepal, along with the Mardi Himal Trekking:

– Duffel Bag



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- Rucksack with Rain Cove Daypack
- Hiking Boots
- Sandals or Shoes
- Hiking Socks
- Trekking Poles
- Inner Socks
- Thermal Baselayer
- T-Shirts
- Fleece Pullover or Jacket
- Light Weight Thermal Tops
- Waterproof Jacket
- Sports Bra for Her
- Hiking Shorts
- Hiking Pants
- Waterproof Pants

How Can I Prepare My Body For The Mardi Himal Trekking?

Preparing your legs for greater elevations won't be easy if you reside somewhere other than the Himalayas. The Mardi Himal Walk is fortunate because it is not a high-altitude trek and is not as long as some other treks in Nepal. Preparations for the Mardi Himal Trekking are not too difficult.

Do I Need to Hike More?

Practice is a good way to get the hang of what you do. Climbing is the best climbing exercise. We recognize that you appreciate walking since you are interested in a multi-day trekking adventure. Awesome, keep doing it.

The time has come to see them more frequently if you are fortunate enough to live in an area surrounded by hills or even mountains. When? If you are unfamiliar with this, we advise starting your trek a year in advance and committing to a seven-day, 60-minute ascent. After around three weeks, after you have the hang of it, you will have the perfect chance to strengthen your power.

How Much Does a Mardi Himal Trekking Cost?



Since Kathmandu is where most international visitors to Nepal arrive, they are more inclined to hike outside of the Annapurna region. The first challenge to trekking in the Annapurna region is this.

To reach Pokhara, one must physically go there. It is standard practice for all hiking companies to provide transportation to and from Pokhara to Kathmandu. Some travel by bus, while others fly. A schedule often includes transportation from Pokhara to Besisahar and hotel accommodations in Pokhara. Below you will find a list of some expenses.

Even though there is no entrance cost, permits must still be purchased. It is hard to climb in the Nepal Himalayas without them. You need two different types of permits for the Mardi Himal Trekking:

1. TIMS: Trekkers Information Management System



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Every trekker who wants to go on a trek in Nepal needs to obtain this permit. All trekking routes, from the trek to Poon Hill to Everest Base Camp, require it. Each person pays NRS 2000 for this. This is around 17 USD or 15 EUR.

2. ACAP: Annapurna Conservation Area Permit

Because you will be entering the Annapurna Conservation Area, you will need permission. All permissions are arranged by your hiking company. The Mardi Himal Base Camp Trek costs approximately USD 850 or EUR 700.

How Risk-free Is Mardi Himal Trekking?

We place the highest priority on safety. As a result, whenever it comes to maintaining the cost of our climbs and treks cheap, this is one area where we do not make any exceptions. Trekking firms have been chosen based on their technical proficiency, demonstrated safety performance, perfect judgment, amiable manner, and capacity to offer helpful and knowledgeable directions. Additionally, they are highly competent in first aid and personal safety gear. First aid supplies are supplied on all led climbs and treks in the Annapurna Region.

Independent vs. Guided Trek

When there are splits in the trail, signs indicate the appropriate directions. The track is marked with white and blue stripes. It's simple to find lodging; show up at a guest house and inquire about availability. Although the high altitude, erratic weather, and steep ascents and descents may make this walk difficult for beginner hikers, we nevertheless advise joining a tour.

From Kathmandu to Mardi Himal, hiking excursions are available, including lodging, transportation, permits, guides, full board, etc. If you're seeking a stress-free hiking vacation, it's a brilliant option.

One can hire a guide, a porter, or both if you don't want to hike with a group. The standard day rate for guides, including meals and lodging, is USD 25. One guide can be distributed among several people. Porters are paid \$20 USD daily, which covers their lodging and meals. If you don't overpack, you can hire a single porter to carry up to 25 kg for two trekkers.

Tips for Saving Money on the Trek:

1. Food prices increase as you ascend, so pack some chocolate and snacks.
2. You can save between \$2 to \$4 per person daily by bringing a water filter or other water purification system.
3. If the cost of lodging seems excessive, try negotiating; we typically offer to pay less if we agree to have three meals there (rather than stopping for lunch on the way).
4. There won't be anywhere to withdraw money along the way, so pack enough cash.



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