

### Chepang Hill Trek – Blog

Chepang Hill Trekking trail is one of the newest trekking trails in Nepal. The hill is located in the west of Kathmandu city. Trekking to Chepang Hill offers the opportunity to hike through the high hills and falling rivers. The route is less crowded as the trekking route is the newest one and has not been commercialized yet. Chepang Hill Trek is a rare combination of exploring distinct cultures and sightseeing. Chepang still follows primitive lifestyles such as foraging for wild roots, fishing, hunting, and traditional farming inside jungles.

The prosperous forest biodiversity in the region includes a wide variety of natural fruits and vegetables with high food security ethics as well as medicinal herbs. The region has a high density of Chiuri (Indian Butter Tree) inhabitants in Nepal. Out of the predictable two hundred thousand species, 140 thousand Churi trees are found in and around the area. The region is rich in 200,000 such species found in large quantities.

The increasing influence of Christianity in the region has both pros and cons on Chepangs. Chepang activists say that Christianity has given motivation to formal education, encouraged community meetings, communal prayers, and cooperation, empowered imperfect women, and discouraged 'alcoholism' in the community.

You can see the stunning vistas of Himalayan Peaks like Gaurishankar, Dorche Lakpa, Annapurna Range, Dhaulagiri, Manaslu Range, Langtang, and many others. Chepang Hill offers you panoramic natural sights and scenery. The beautiful forests, fountains, and falls will certainly make you forget all your tiredness. The cool atmosphere and peaceful environment will heal your soul and mind. The activities and innocent behavior of the [Chepang people](#) will win your heart.



We, the experienced and helpful [team of Attractive Nepal](#) warmly welcome you to Nepal and visit such a hidden paradise and experience the hill trekking trail. The Chepang hill trek lets you explore the friendly behavior of Chepang village and its wonderful and beautiful culture.

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